



Shammah Ministries

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WOUNDED BY SHAME | HEALED BY GRACE

A Video Seminar by Jeff Van Vonderen
internationally known speaker, author and counselor

Wounded by Shame, Healed by Grace

will lead you to a healthier understanding of God, yourself and others.

Sessions include:

Neediness: The Human Condition
How Family Systems Become Dysfunctional
When Shame is the Name of the Game Part I
When Shame is the Name of the Game Part II
¹*Stuck in Surviving*
¹*Shame Comes Full Circle:*
Idolatrous Relationships
Addiction & Codependency
Enabling: Unhelpful Help with
Good Intentions
²*Erasing Shame with Right Behaviors:*
The Wrong Fight
²*Exhausted by "Give Up/Try Hard" Living*
Recovery: Learning to Live Like
New Creations
The Right Fight:
A Blueprint for Self and Others

This life-changing material contains principles based on scriptural truths designed to set you free from the cycle of shame and apply more fully the understanding of God's healing grace.

Class dates span ten-week period
Weekday evening (tbd) | class length 1.75 hrs
10 weeks | \$\$ fee (includes materials)
1 & 2 denotes two videos same evening

Facilitated by Nancy Bentz
Located in the Shammah Ministries classroom at
8606 N. Wall Street, Suite 201 | Spokane WA 99218

For more information, contact Nancy at:
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