



*Wayne and Nancy Bentz are the stewards  
of the biblical counseling and prayer ministry practice  
the Lord has entrusted to them.*

Founded in 2004 after Wayne's retirement from Kaiser Aluminum with 28 years of service, Wayne began the practice as *Shammah Ministries*. In 2008 *Shammahs Field LLC* was formed. Twelve years later he continues fulltime counseling with an accumulated 16 years' experience.

In January 2012 after her 23-year career of executive assisting, Nancy joined Wayne in *Shammah Ministries*. Today their business has expanded its ministry reach with the addition of Nancy's writing, life coaching, life maps facilitation, spiritual growth classes and retreats.

They share a heart to see others come into healing, wholeness and fruitfulness to experience life in greater fullness. As a couple they periodically offer equipping, training and gatherings through *Shammah Ministries*.

*Shammahs's brief but powerful story is found in  
II Samuel 23:11b*



**NANCY BENTZ**  
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*Lilies in the Valley  
Women's Retreat*

**Clearwater Lodge  
Newport, WA  
October 28-29, 2016**

hosted by  
*Shammah Ministries*  
&  
*Nancy Bentz, Life Coach*



SHAMMAH MINISTRIES & NANCY BENTZ, LIFE COACH  
is pleased to extend a special invitation to the

*Lilies in the Valley Women's Retreat*

featuring

*Reviewing My Days* and *Valley Experiences*

from the

*Listen To My Life*

visual maps portfolio

*Happy are the people whose strength is in You,  
whose hearts are set on pilgrimage.  
As they pass through the Valley of Baca (Weeping),  
they make it a source of springwater;  
even the autumn rain will cover it with blessings.*

Psalm 84:5-6 HCSB

**Loss is a sad fact of life.** It has a way of carving in our heart deep wells from sorrow and pain often left unnamed, unprocessed. In our eagerness to leave the past behind we may bury the loss in graves of shallow grieving. Life goes on and seasons change. Giving and receiving forgiveness - if done at all - is seldom done thoroughly. We rarely realize how our unnamed loss and unresolved hurts have impacted and formed our responses, compensating behaviors and ways of thinking. The good news is we are not alone, for many are the lilies found in the valley. *The One who loves His lilies is found there too.*

**Song of Songs 2:16** tells us "He feeds among the lilies." *Lily* or *trumpet* in Hebrew is *Shoshannim* and carries with it the meaning of *those that shall be changed*. What an exquisite promise for those who seek and find strength in Him as they *pass through* the Valley of Weeping, turning deep wells of hurt and pain into springs and pools of life-giving water. God's intention for us is to *not remain* in the Valley of Baca but transition from weeping to blessing; from strength to strength until we each appear before God.

**The Lilies in the Valley retreat** offers invitation to sit a while with God and others in the community of faith in the safety of His love and heart of reconciliation. Here we may look at past hurts and fears that continue to influence present and future life choices if left unresolved. God provides His gifts of healing love, release, forgiveness and enabling grace to learn healthy ways of grieving when hurt and loss come through living our life.

**Sorrow becomes redemptive.** *Facing our valley experiences can help them become re-framed and remembered as places where God's love and grace becomes greater than the hurt and loss we experienced.* Strengthened in Him we make the valley a wellspring.

**Set in the location and atmosphere of beautiful Clearwater Lodge** ([clearwaterlodge.org](http://clearwaterlodge.org)), *Valley Experiences* and *Reviewing My Days* maps will help us to name and process in a spiritually productive way some of our valley experiences. *Come, and listen to your life.*

**Loss named. Fruitful grieving. Releasing others. Reconciling with God. Cherished lily.**

October 28-29, 2016  
Friday 3 pm to Saturday 4 pm

**Clearwater Lodge / Camp Spalding situated on Davis Lake**  
*is the Spokane area's premier retreat center.*

Speaking from experience and several stays at Clearwater Lodge - nature's beautiful scenery surrounds and plays host to the relaxed atmosphere.

Outstanding meals with resort quality accommodations and meeting space, Clearwater Trading Post gift store and coffee bar (*complimentary Starbucks coffee and teas available all day to guests*), and a recently remodeled dining room with expansive views of the lake, massive timbers, stone fireplace and cathedral ceiling—all make for the perfect setting for retreat and renewal.

**Ponderosa Lodge**, completed in summer 2006, will be our home away from home. It offers four guest rooms, each sleeping up to five people (capacity of 20). Each quad has its own private bath (two sinks, two toilets, two showers per bathroom). All linens are provided. Very nice rooms, all with lake views, log furniture, down comforters, Pendleton fabrics, and custom furnishings from Northwest artisans!

***Lilies in the Valley Retreat Package***  
**All-inclusive retreat fee of \$179 per person\***  
features the following:

- **Overnight package in (up to) 5 to a room—twin beds, or**
- Alternate package\*\*—double or single —2 twins or 1 king (add \$23 pp to fee\*)
- Three meals\*\*\*—Friday dinner 6:30 pm | Breakfast 8:30 am | Lunch 12:30 pm
- Friday evening snack
- Facility use—we will meet in the brand-new *Creekside Pavilion* small group meeting space nearest the Ponderosa Lodge and nestled close to the water
- *Reviewing My Days & Valley Experiences* booklets with corresponding visual maps
- Supplementary mapping supplies and other retreat goodies
- Splendid lake location to rest, reflect, and be refreshed—body, soul and spirit.

\*Discount to \$169 (+ \$23 dbl) if paid in full by Thursday, September 15. Payment plan available. Registration now open. Contact Nancy Bentz to register; contact details on back of brochure.

\*\* Dbl or Sgl occupancy (limited availability) is in different lodge. Ask for details if interested.

\*\*\*Dietary restrictions accommodated when possible to adapt the group's menu selections. If special meals are required, participant is asked to bring supplementary food items as rates do not provide for preparation of separate menu items. Thank you!

