



*Wayne and Nancy Bentz steward the biblical counseling and faith-based life coaching practice the Lord has entrusted to them.*

Founded in 2004 after Wayne's retirement from Kaiser Aluminum with 28 years of service, Wayne began the practice as *Shammah Ministries*. In 2008 *Shammahs Field LLC* was formed. Fourteen years later, he continues counseling fulltime with an accumulated 19 years' experience.

In January 2012, after her 23-year career of executive assisting, Nancy joined Wayne in *Shammah Ministries*. Seven years of expanded ministry reach has borne fruit from Nancy's writing, life coaching, counseling, life maps facilitation, spiritual growth classes, and retreats.

The two share a heart to see others come into increased healing, wholeness, and fruitfulness to the glory of God.

*Shammahs's brief but powerful story is found in II Samuel 23:11b*



**NANCY BENTZ**  
**Certified Life Coach**

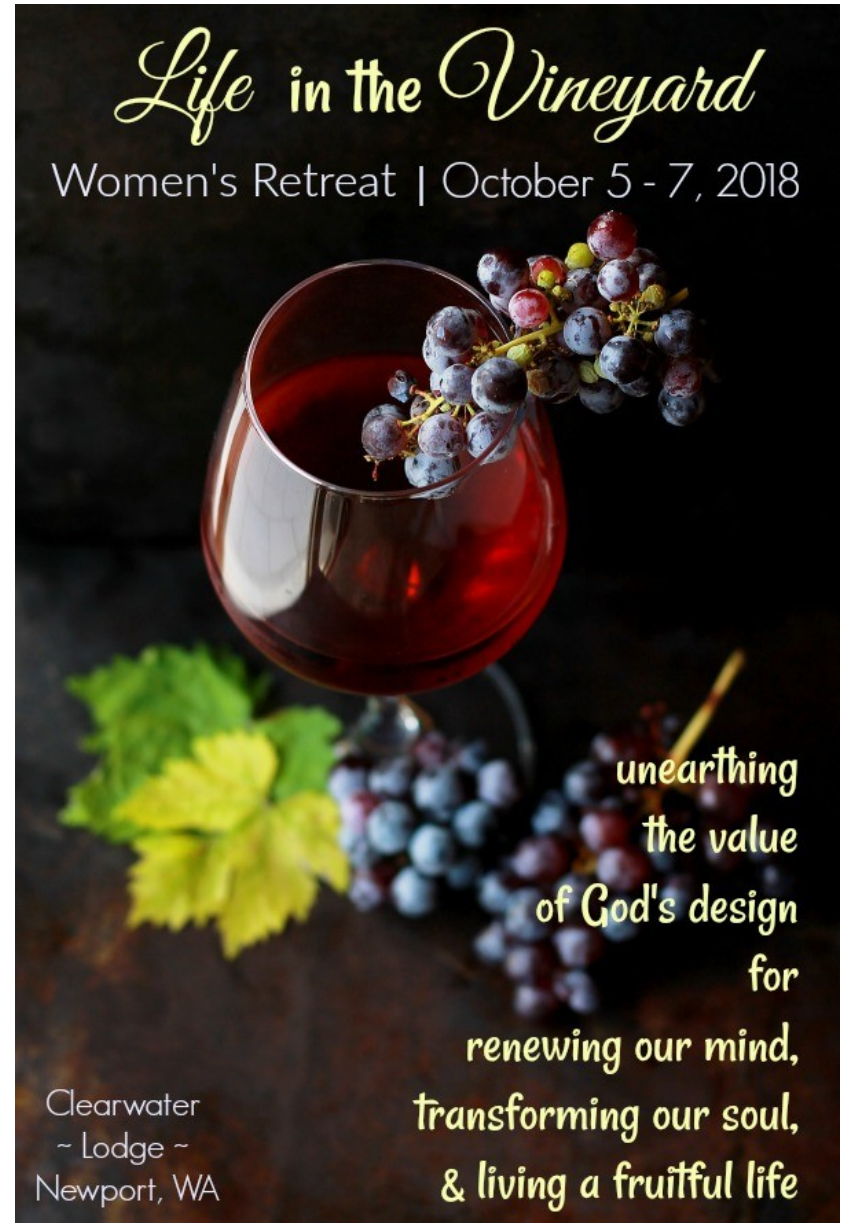
International Christian Coaching Association ( a division of AACC) and Faith Evangelical Seminary, Tacoma WA

Facilitator of *Listen To My Life*  
 oneLifemaps.com

nancybentz.com ▪ shammahsfield.com

Tel: 509.290.6810 ▪ Email: ncbentz@comcast.net

8606 N Wall Street, Suite 201 ▪ Spokane WA 99218



hosted by

*Shammah Ministries'*

Nancy Bentz



SHAMMAH MINISTRIES' NANCY BENTZ  
is pleased to extend a special invitation to the

## “Life in the Vineyard”

Women’s Retreat ▪ October 5-7, 2018

“I am the sprouting vine and you’re my branches.

*As you live in union with me as your source, fruitfulness will stream from within you—  
but when you live separated from me you are powerless.”*

Jesus in John 15:5 *The Passion Translation* (TPT)

**Since the beginning there have been two trees in God’s garden:**

the *Tree of Life* and the *Tree of the Knowledge of Good and Evil*.

One of life and health with Christ’s mind; the other a life of toxic thinking and resulting ills.  
God planned ahead, and from the beginning made a way for the renewing of our minds.

Everyone is subject to wrong thoughts and choices, which in turn impact our  
physical brain and body, mental health, and spiritual development.

**There is great value in unearthing God’s design for**

**~ renewing our mind, transforming our soul, and living a fruitful life ~**

**Jesus’ lessons in the vineyard** become personified truth when we are introduced  
to other branches as well: *our thoughts*— which look like trees in our brain.  
Today’s brain science has proven that through both healthy or toxic thoughts,  
we are the designer of our internal tree and its substance, changing the landscape  
of our brain and the activity of our DNA with new nerve cells birthed daily,  
giving new meaning to “the Lord’s mercies...are new every morning.” Lamentations 3:22-23

**This retreat will bring tangible understanding of the link between**

Scripture and brain science’s proof that we are ‘fearfully and wonderfully made.’ Psalm 139:14

Along with all we will learn, I hope to make shine two things during this retreat:

*- our intricate design and an awakened, deepened awe of God -*

**I hope you’ll join me and other retreat participants ‘in the vineyard’ as we ...**

- unearth God’s design of our brain and the branches of John 15;
- explore the life-changing truth of God’s provision for the renewal of our mind;
- discover the cascading effect right thinking has on our health, wellbeing, and intelligence;
- learn the five-step application to detox and switch on our brain as God designed it,  
by examining the active process of replacing toxic thoughts with healthy ones,  
in order to leave our time together armed with tools to put into practice to ...

*...be inwardly transformed by the Holy Spirit through a total reformation of how you think.*

Romans 12:2 *The Passion Translation* (TPT)

OCTOBER 5-7, 2018

FRIDAY 5:00 PM to SUNDAY 11:00 AM

**Clearwater Lodge / Camp Spalding situated on Davis Lake**

is the Spokane area’s premier retreat center,  
where nature’s beautiful scenery plays host to the relaxed atmosphere.  
Davis Lake and hiking trails encourage exploring and stunning photo opportunities.

Outstanding meals with resort quality accommodations and meeting space are  
accented by other perks: Clearwater Trading Post gift store & coffee bar (\$) *(complimentary Starbucks coffee and teas available all day to guests)*, and a  
dining room with expansive views of the lake, massive timbers, stone fireplace  
and cathedral ceiling—all which make the perfect setting for retreat and renewal.

**Guest rooms in the main Lodge or Ponderosa** will be our home away from home.

**Trio/Quad rooms** (sleep 3-4) or **\*Double rooms** (sleep 2) are available on a first come,  
first choice basis. **Note:** Majority of rooms will be minimum of 3 due to the allotted space  
available from Clearwater. A double may or may not be available.

**Each Lodge room** has a private bath, shower, and ample counter and mirror space.

**Ponderosa** (sleep 4-5) has a 2 shower / 2 toilet / 2 sink large bathroom with ample space.

**Linens and bedding are provided.** Warm, welcoming rooms: some with lofts, all with log  
furniture, Pendleton fabrics, and custom furnishings from Northwest artisans!

### “Life in the Vineyard” Retreat Package

**all-inclusive retreat fee per person**

features the following:

- **Two-night package in Ponderosa** —five twin beds / four to five guests—\$180 pp
- **Two-night package in Lodge quad room**—four twin beds / four guests—\$195 pp
- **Two-night package in Lodge quad room**—four twin beds / three guests—\$205 pp
- **Two-night package in a double room**—four twin beds / two guests—\$215 pp \*
- **5 meals\*\***—Friday light trays by Nancy 5:45 pm | Saturday breakfast 8:30 am |  
Saturday lunch 12:30 pm | Saturday dinner 5:30 pm | Sunday breakfast 8:30 am
- **Clearwater’s special evening snacks** Friday & Saturday 9:00 pm
- **Facility use**—we will meet in the new **Creekside Pavilion** nestled near the water
- **Splendid lake location** ideal for relating, worship, teaching, processing, fun and refreshing

Registration is open ▪ Payment plan available ▪ Contact Nancy to register—info on reverse.  
Due to limited #s, registration of a held spot is requested by June 5 with a \$50 NRF deposit.

*\*\*Dietary restrictions are accommodated when possible to adapt the group’s menu selections.  
If special meals are required, participant is asked to bring supplementary food items as rates  
do not provide for preparation of separate menu items. Kitchen fridge space is available.*

